



**Support for mental
health issues, crisis and
suicidal thoughts**

**one to one support, no referral
required - drop in anytime**

Kirkcaldy

Monday | Friday 12 noon–8pm Tel: 07971 892886
Greener Kirkcaldy, 8 East Fergus Place, Kirkcaldy, KY11XT

Leven

Tuesday | Wednesday | Saturday 12 noon–8pm Tel: 07568 127735
Forth Street Hall, Forth Street, Leven, KY8 4PF

Dunfermline

Thursday | Sunday 12 noon–8pm Tel: 07725 214012
First House, Woodmill Road, Dunfermline, KY11 4SS

Burntisland

Thursday 12 noon–8pm Tel: 07725 214012
Toll Community Hub, 183 High Street, Burntisland, KY3 9AE

www.samh.org.uk
www.samsafe.org.uk